



Leading and Dealing with Change

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1. _____ Flexibility: The ability to use different thinking strategies and metal frameworks.
2. _____ Flexibility: The ability to vary one's approach to dealing with emotions and those of others.
3. _____ Flexibility: The ability to remain optimistic and still realistic.

You can improve your flexibility by intentionally developing two specific mindsets:

- _____
- _____

You live your life as a _____ rather than an _____ of change.

Changing your mindset is the power choice.

Keys to Thriving and Helping Others During Change

1. OVERCOMMUNICATE: It's not always possible to _____ everything.
2. Remember and remind that it goes _____.
3. Keep remembering and reminding that _____ makes us all _____.
4. Don't get too _____ to a single plan or strategy.
5. Create _____ systems.
6. Understand your own _____ to change.

7. Immerse yourself in _____ environments and situations.

8. Remember organizations don't change; _____ do.

9. Encourage yourself and your team to continually...

- Think _____ over _____

- Think _____ over _____

- Think _____ over _____

10. Notice your _____.

11. Change your _____.